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Screening and Assessment Tools

Screening and Assessment Tools for Substance Use Disorders

Option #1

AUDIT



Alcohol Use Disorders Identification Test; 10 questions assessing alcohol consumption.

Option #2

DAST



Drug Abuse Screening Test; evaluates drug use behaviors.

Option #3

CAGE



4-item questionnaire screening for potential alcohol problems.

Overview of three validated tools –AUDIT, DAST, and CAGE—for screening substance use disorders, plus guidance on comprehensive biopsychosocial assessment.

Comprehensive Assessment: Biopsychosocial assessment covering history, current status, and risk factors.

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